

# welcome

Relax your mind, body, and soul when you visit The Spa at Seneca Allegany Casino and Hotel. This tranquil retreat offers a full range of treatments for the ultimate spa experience.

We want your spa experience to be as relaxing as possible. We hope that the information provided below will help make your experience an amazing one.

## HOW TO SPA

The spa is a tranquil environment. We ask that you take this time to completely relax by turning off your cellular phone.

## CHECK-IN

We ask that you arrive 15 minutes prior to your scheduled appointment. We ask all new guests to fill out a brief health history form. Upon check-in, you will be given a robe and sandals to wear during your visit to The Spa. Disrobing for spa services is at your discretion. Our team is trained in professional draping techniques and will expose only the area of the body being treated. Undergarments may be worn if this is more comfortable. If you have a preference of a male or female service provider, we ask that you inform our team while you are booking your appointment.

## HEALTH CONDITIONS

Our guests' safety and comfort is our first priority. We ask that you inform your spa therapist of any health conditions. For your safety, we highly discourage alcohol consumption prior to spa treatments.

## CANCELLATION POLICY

We ask that you notify us 24 hours in advance should you need to cancel or reschedule an appointment. Cancellations with less than 24-hour notice and all no-shows will be charged for their services.

## GRATUITIES

In appreciation for exceptional service, gratuity is left to your discretion.

\*Advance reservations are recommended for all services. To reserve your services, please contact us at 1-888-913-3377.

## SPA COMBINATIONS

### QUEEN FOR THE DAY

A 50-minute Swedish body massage, customized facial, eye and lip treatment and full body salt glow.

*Approximately 3-3½ hours*

### KING FOR THE DAY

A 50-minute therapeutic massage, hair and scalp treatment, gentleman's facial and classic manicure.

*Approximately 3-3½ hours*

### GLAMOUR TO GO

Great before your night on the town. Includes a full body salt glow, classic manicure, spa pedicure, wash & blow dry and makeup application. *Approximately 3½-4 hours*

### FULL HOUSE

Includes a 25-minute neck & shoulder massage, body healing therapy of choice, classic manicure and express pedicure.

*Approximately 2-2½ hours*

*Add a haircut to your package for an additional fee.*



# The Spa

## & SALON

FIND YOUR *escape*



  
**SENECA  
ALLEGANY**  
CASINO & HOTEL

# MASSAGE

*Restore balance of the mind and spirit...*

## RELAXATION MASSAGE

Relax and unwind - our Swedish massage will melt away your stress as each moment passes. Long, soothing strokes ease muscle tension, stimulate circulation and promote overall relaxation. **50/80 minutes**

## THERAPEUTIC MASSAGE

A massage that focuses on deep muscle and connective tissue, this treatment allows the muscles to unwind and alleviates chronic tension. **50/80 minutes**

## THE SENECA HOT STONE MASSAGE

Just as sun heats the stones & night releases that energy, heated stones are utilized so that their warmth can penetrate deep into the muscle fibers, releasing tension and imparting deep serenity. Your massage therapist delivers the final transformation with smooth, gentle strokes to your relaxed warm muscles. **80 minutes**

## ON THE SPOT

Go straight to the areas where stress and tension accumulate. You and your therapist can customize your massage for maximum benefit when you're short on time. **25 minutes**

## HAND AND FOOT FOCUS

Enjoy a relaxing massage of your hands and feet. Massaging the soles and palms help to activate the body's immune system, inducing relaxation and relieving stress from the body. **25 minutes**

## THE ADDED TOUCH

### Aromatherapy

Upgrade your service by adding aromatic essential oils custom blended to meet your individual needs.

*Experience an increase in circulation, detoxification, and release of muscle tension. Please feel free to utilize the steam room and sauna prior to your services.*

# ESTHETICS

## AROMATHERAPY BODY SALT GLOW

Restore your skin's radiant glow with this skin refining full body polish using anti-stress essential oils, which will leave your skin smooth, moisturized & revitalized.

**50 minutes**

## MANGO-PASSION FRUIT BODY WRAP

This full body wrap creates visible results as the skin emerges revived, refreshed, smoother, firmer, and vividly brighter.

**50 minutes**

## BACK FACIAL

This deep cleansing, exfoliating and detoxifying treatment will rid the back of impurities, leaving you feeling rejuvenated.

**50 minutes**

## CUSTOMIZED PLUS FACIAL

*(INCLUDES AN ADDITIONAL MASK)*

All the benefits of the customized facial, plus deep cleansing, exfoliation and nourishment. This treatment replenishes the skin while delivering immediate results. **80 minutes**

### Your Choice of:

**Luminous "C" and Sea:** Reduces fine lines, strengthens skin's elasticity, counteracts photo-aging, and restores a youthful appearance.

**Plantomer Lift-off Mask:** Deeply hydrating. This treatment will leave the skin tight, refreshed, and healthy with an exceptional glow.

**Anti-Free Radicals:** Revitalizing and nourishing. This treatment will ease excessive dryness and smooth fine lines.

## CUSTOMIZED FACIAL

Let the experts analyze your skin and create a custom facial for your specific skin type. Whether you have dry, oily, sensitive or combination skin this facial is the perfect start to a beautiful complexion.

**50 minutes**

## ADDED LUXURIES

### Beautiful Eyes Collagen Treatment

*Excellent for smoothing fine lines in the fragile eye zone. This treatment decreases puffy eyelids and alleviates dark circles.*

### Luscious Lips

*This powerful treatment visibly smoothes expression lines and wrinkles, restores and redefines the lip contour. Your lips are rendered smooth, firm and youthful.*

# SALON SERVICES

## HANDS AND FEET

### Classic Manicure

For when time is of the essence, we will quickly and luxuriously treat your nails and cuticles, massage your hands, and cleanse, shape and polish your nails. **30 minutes**

### Spa Manicure

All of the treatments in a Classic Manicure with the addition of a hand sugar scrub to exfoliate and free the hands of dead skin. To further open the pores and moisturize, we wrap your hands in warm mittens. This luxurious treatment is finished with a massage using a rejuvenating cream and choice of polish. **45 minutes**

### Hot Stone Manicure

All the indulgences in a Spa Manicure, using hot stones for the massage. This is great for tired or sore muscles. **45 minutes**

### Express Pedicure

A classic pedicure for guests on the go. We quickly and luxuriously treat your nails and cuticles and exfoliate your feet using a sugar scrub before filing them smooth. The pedicure is finished with a massage and choice of polish. **30 minutes**

### Spa Pedicure

All of the treatments of the Express Pedicure, with the addition of a refinishing mask that is liberally massaged into the feet before we wrap them in warm booties to moisturize dry, cracked skin. The treatment is finished off with a calf and foot massage and choice of polish. **60 minutes**

### Hot Stone Pedicure

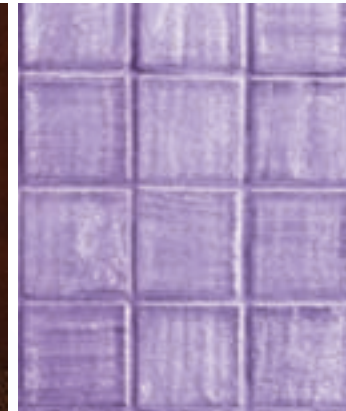
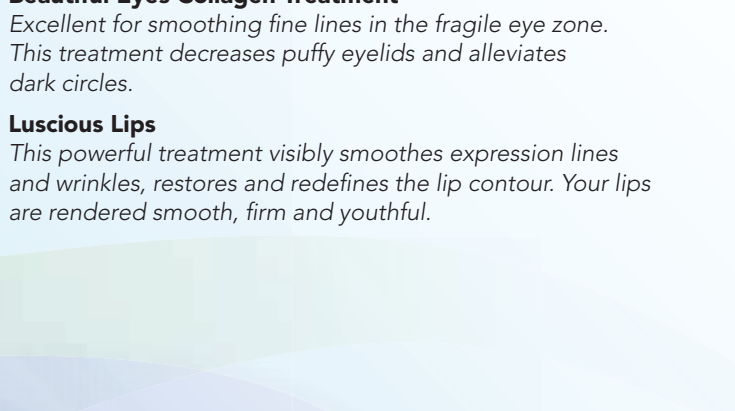
All the indulgences of the Spa Pedicure, using hot stones for the massage. This is great for sore or tired muscles. **60 minutes**

### Fancy Feet - Paraffin

Enjoy an aroma infused paraffin treatment for extreme hydration. A treat for your feet or hands.

*All manicures and pedicures include polish.*

*Add French polish to any manicure or pedicure for an additional fee.*



## ESTHETICS

### AROMATHERAPY BODY SALT GLOW

50 minutes \$100

### MANGO-PASSION FRUIT BODY WRAP

50 minutes \$120

### BACK FACIAL

50 minutes \$100

### CUSTOMIZED PLUS FACIAL

80 minutes \$120

### CUSTOMIZED FACIAL

50 minutes \$90

## ADDED LUXURIES

Beautiful Eyes Collagen Treatment \$27

Luscious Lips \$27

Beautiful Eyes & Luscious Lips Combo \$50

## HAIR REMOVAL (WAXING)

Brow sculpting \$17

Lip \$15

Chin \$15

Underarms \$30

Bikini starting at \$35

Half leg (both) starting at \$45

Full leg (both) starting at \$75

Back wax starting at \$40

Arms and hands starting at \$40

## MASSAGE

### RELAXATION MASSAGE

50/80 minutes \$95 / \$125

### THERAPEUTIC MASSAGE

50/80 minutes \$105/\$145

### ON THE SPOT

25 minutes \$50

### HAND AND FOOT FOCUS

25 minutes \$50

## SPA COMBINATIONS

### QUEEN FOR THE DAY

Approximately 3-3½ hours \$299

### KING FOR THE DAY

Approximately 3½-4 hours \$210

### GLAMOUR TO GO

Approximately 3½-4 hours \$235

### FULL HOUSE

Approximately 2-2½ hours \$199

Add a haircut to your package \$32

## **SALON SERVICES**

### **CUT AND STYLES**

Women's haircut and blow dry	\$39
Men's haircut and blow dry	\$27
Children's haircut and blow dry (12 and under)	\$25
Bang trim	\$18
Shampoo and blow dry	\$25
Shampoo, blow dry and thermal style starting at	\$28
Formal hairstyling starting at	\$60

### **COLOR AND RETEXTURE**

Color retouch only	\$46
Color retouch with ends refreshed starting at	\$55
Full head foil highlights starting at	\$90
Partial foil highlights starting at	\$75
Single foil highlights (price per foil)	\$10
Additional color	\$20
Deep conditioning treatment	\$25
Permanent wave starting at	\$80
Permanent wave spiral starting at	\$110
Permanent relaxer starting at	\$80
Additional product for long hair (per consultation)	\$20
Add a haircut to any chemical service	\$32

### **MAKE-UP APPLICATION**

\$45

### **HANDS AND FEET**

Classic Manicure 30 minutes	\$30
Spa Manicure 45 minutes	\$45
Express Pedicure 35 minutes	\$40
Spa Pedicure 60 minutes	\$55
Hot Stone Manicure	\$50
Hot Stone Pedicure	\$65
Fancy Feet - Paraffin	\$16
Add French polish to any manicure or pedicure	\$5

### **Acrylic Nails**

Full set	\$65
Fill	\$40
Additional fee for pink and white fill	\$10